

SFIM i styrkelyft 5/12 2009, Mariehamn

M/K	Nr	Klass	Vikt	Namn	Klubb	KNÄBÖJ			SQ	BÄNK PRESS			BP	Sub.	MARKLYFT			DL	Tot.	Poäng	Plac	SQ	BP	DL
						1.	2.	3.	Result	1.	2.	3.	Result	Tot.	1.	2.	3.	Result	Result	4.	4.	4.		
Grupp 1																								
W	8	52	51,90	Marcela Sandvik/74	ÅKK	142,5	153,0	153,0	152,5	110,0	115,5	117,5	115,0	267,5	140,0	150,0	150,0	150,0	417,5	521,25	1.			
M	7	82,5	77,35	Johan Henriksson/84	HIK	250,0	260,0	270,0	260,0	185,0	200,0	200,0	185,0	445,0	250,0	260,0	260,0	260,0	705,0	491,74	1.			
M	6	82,5	82,00	Andreas Koli/82	HIK	200,0	200,0	215,0	200,0	155,0	165,0	165,0	155,0	355,0	210,0	230,0	240,0	230,0	585,0	393,35	2.			
M	5	82,5	81,85	Christer Gustafsson/49	ÅKK	220,0	235,0	235,0	220,0	135,0	142,5	152,5	142,5	362,5	200,0	217,5	222,5	217,5	580,0	390,28	3.			
W	9	82,5	76,55	Linda Michelsson/79	VIS	150,0	160,0	160,0	150,0	87,5	92,5	92,5	87,5	237,5	142,5	152,5	165,0	152,5	390,0	365,98	4.			
M	3	90	90,00	Mathias Björklund/77	VIS	280,0	280,0	297,5	280,0	172,5	177,5	177,5	172,5	452,5	257,5	272,5	272,5	272,5	725,0	462,84	1.			
M	4	90	90,00	Jonas Wallén/83	KK-Eken	120,0	135,0	145,0	145,0	165,0	175,0	175,0	165,0	310,0	130,0	150,0	170,0	170,0	480,0	306,43	2.			
Grupp 2																								
M	10	100	99,25	Jimmy Pero/81	ÅKK	250,0	260,0	265,0	265,0	165,0	170,0	175,0	175,0	440,0	265,0	280,0	290,0	290,0	730,0	445,52	1.			
M	14	100	97,90	John Lindholm/90	ÅKK	225,0	225,0	250,0	250,0	170,0	175,0	180,0	170,0	420,0	220,0	242,5	252,5	242,5	662,5	406,71	2.			
M	12	100	99,35	Martin Salin/66	KK-Eken	200,0	215,0	227,5	227,5	185,0	190,0	200,0	190,0	417,5	200,0	220,0	245,0	245,0	662,5	404,19	3.			
M	15	100	98,90	Magnus Henriksson/80	HIK	200,0	220,0	240,0	240,0	170,0	180,0	187,5	180,0	420,0	220,0	230,0	240,0	240,0	660,0	403,46	4.			
M	14	100	95,75	Björn Berg/82	ÅKK	190,0	207,5	220,0	207,5	195,0	205,0	212,5	212,5	420,0	200,0	230,0	235,0	235,0	655,0	405,90	5.			
M	11	100	94,95	Magnus Häggblom/51	VIS	200,0	220,0	230,0	230,0	140,0	145,0	150,0	150,0	380,0	220,0	240,0	250,0	250,0	630,0	391,86	6.			
M	1	100	93,40	Oscar Vartiainen/79	ÅKK	185,0	205,0	215,0	215,0	140,0	145,0	150,0	150,0	365,0	230,0	255,0	260,0	255,0	620,0	388,68	7.			
M	17	100	98,50	Anders Johansson/68	ÅKK	75,0			75,0	175,0	180,0	185,0	180,0	255,0	75,0	200,0	220,0	220,0	475,0	290,84	8.			

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